

*M*ind *B*ody *S*pirit Forum

Music For Your Health

Presented by Dr. Arthur W. Harvey, B.S., M.M., D.M.A.

Monday • April 25 • 7 pm

Wellness & Lifestyle Medicine Center Auditorium
The Harry & Jeanette Weinberg Medical Plaza and Wellness Center
642 Ulukahiki Street, Suite 105, Kailua



**Dr. Arthur W. Harvey,
B.S., M.M., D.M.A.**

Music serves many functions in our lives, including its therapeutic power to promote positive mind, body and spiritual health. Come and learn how music can be an instrument of wellness through musical experiences, media, and informational and entertaining presentations. You will gain a perspective on the relationship of music to both physiological and psychological health utilizing principles from the fields of Music Therapy, Music Medicine, Sound Therapy, Healing Music, Music Psychology and Bio- and Psycho-Acoustics in understandable language. Resources will be available at the seminar.

Dr. Harvey is recognized as a leading authority in the fields of Music and Health and Neuromusicology. He is an assistant professor in the Department of Music at the University of Hawaii at Manoa, the Director of Music and Worship at Calvary by the Sea Lutheran Church in Aina Haina, and vice president and educational director for Sounding Joy Music Therapy, Inc.

FREE Seminar.

Pre-registration required.

Castle Medical Center

**— Adventist
Health**

Seating is limited. For registration, please call 263-5400 or register online at www.castlemed.com