



SOUNDING JOY
MUSIC THERAPY, INC.

Invites you to...

“The Healing Power of Music” Lectures by Dr. Arthur W. Harvey

Neuro-Musicologist, Music Therapy Researcher & Educator

*Continuing Education Units & Hours available for
Music Therapists,
Counselors,
Nurses,
Social Workers,
and Allied
Health Professionals*



Date: Tuesday, March 11, 2008 Time: 5:00pm – 7:30pm
Place: J. Walter Cameron Center, 95 Mahalani St., Wailuku, HI 96793

Lecture 1:

UNDERSTANDING THE IMPORTANCE OF MUSIC FOR HEALTH & WELLNESS

- Experiencing the Power of Music through ...Singing ... Humming Conducting ... Listening Playing
- Exploring Physiological benefits of Experiencing Music and Music Making
- Examining Psychological impact of Music and Music Making
- Evaluating research Evidence for Music's effect on Health & Wellness
- Educating others in the Roles Music can play in our Lives

Objectives:

1. To provide five types of musical experiences that can be beneficial for health and wellness.
2. To distinguish music's effect upon the systems of the human body.
3. To examine the power of music upon our brain/mind.
4. To demonstrate through both media and written research reports the evidence of music's importance in our lives.

Date: Wednesday, March 12, 2008

Time: 5:00pm – 7:30pm

Place: J. Walter Cameron Center, 95 Mahalani St., Wailuku, HI 96793

Lecture 2:

MUSIC FOR STRESS MANAGEMENT

- Understanding the nature of Stress and it's Impact on our Lives
- Understanding the Psychology of Music
- Understanding the Physiology of Music
- Understanding Music's Role in Stress Management approaches
- Understanding Research Implications for Music As Therapy

Objectives:

1. To Explain the nature of Stress and understand its significance.
2. To Explore how music has an impact upon us
3. To examine Stress management approaches that use music.
4. To demonstrate through both media and written research reports demonstrating music's importance in our lives.

The lectures are free and open to the public. No prerequisites. Limited seating, reservation recommended.
For those who wish to acquire Continuing Education Units (CEU) & hours, registration is required.

Please return the Continuing Music Therapy Education (CMTE) Registration Form below.

CMTE Registration Form ***Only required for Continuing Education Credits / Hours***

To register: An attendee must attend both lectures 1 & 2.

Please check:

I choose to register for continuing education credits (5 CMTEs / 4.2 Hours):
Total \$50

Fill-out and separate the registration form. Use one form per person.

Write a check in the full amount of your fee. Send the form & the check to:

**Sounding Joy Music Therapy, Inc., 1314 South King St., #711, Honolulu,
HI 9681**

Name: Mr. / Ms. _____

Address: _____

Phone: _____ Email: _____



About Dr. Harvey

- **Arthur Harvey, B.S., M.M., D.M.A.**
- Throughout his forty-seven years as a music educator, prior to retiring in June 2006 Dr. Harvey directed his energy and interests in three areas of music education: (1) school music, with an emphasis on special needs students, (2) church music, and (3) neuromusicology and health care applications of music. (1) Temple University in 1974. He received a B.S. from Gordon College in 1959, a M.M. from Boston University in 1965, and a D.M.A. from Temple University in 1974. He is a past President of Hawaii Music Educators Association, and has been active in MENC since 1959, serving on the first National Committee for Special Needs Individuals. Dr. Harvey is internationally known as an authority on Music and Health, Music for Special Needs Individuals, Music and the Brain, and Music and Learning, and has provided training and spoken at conferences in 23 countries, as well as throughout the United States, including Japan, China, Singapore, Thailand, Taiwan, Hong Kong, India, Tunisia, Morocco, Australia, New Zealand, England, Denmark, Germany, Venezuela, Puerto Rico and Canada.
- Dr. Harvey has been associated with the University of Hawaii at Manoa in Music Education for almost two decades, and also teaches **Music As Therapy** for Kapi'olani Community College. He is a Vice President of Sounding Joy Music Therapy Inc, and was active for many years with VSAarts nationally, internationally and in recent years with VSAarts of Hawaii-Pacific. He has also worked with the Pacific Music Foundation promoting 'Music that Soothes' and "Music for Transition."

About Dr. Harvey

- **Arthur Harvey, B.S., M.M., D.M.A.**
- Before moving to Hawaii in 1991, Dr. Harvey was on the faculty of Eastern Kentucky University for 17 years as Professor of Music Education. He was also on the faculty of the University of Louisville (KY) School of Medicine for five years, and assisted in the development of the Program for Arts in Medicine. Dr. Harvey's broad background in music education has included experience as a concert and marching band director, orchestra conductor, choir director, general and special education music education teacher, and has taught in Maine, Pennsylvania, New Jersey, Rhode Island, Kentucky and Hawaii. He continues to teach three online graduate courses for UHM: ***Psychology of Music, History and Philosophy of Music Education***, and ***Music As Therapy***. Dr. Harvey is active as a speaker and consultant in the fields of Music and Education as well as Music for Health Services/Therapy/Medicine.

About Dr. Harvey

- **Arthur Harvey, B.S., M.M., D.M.A.**

- Dr. Harvey has been a member of ACDA, ALCM, HMEA, MENC as well as the International Society for Music in Medicine. He is featured on a 7 show video series, ***Music and the Brain***, and released a 2 CD set of ***Music for Health and Wellness***. He co-authored a book and CD, **LEARN WITH THE CLASSICS**. He released two CDs in 2003, a special recording of Hawaiian songs with a heartbeat, ***“ISLAND SOUNDS HEALING HEART”***, and a Christmas CD and book for ESL teaching, ***“Singing The Word Of Christmas”*** with an accompanying book, **Mina!s Star**. A recent book, **A JOURNEY OF EXPLANATION: Roadmap to Understanding Music & The Brain** was released in January 2004 as a compilation of articles Dr. Harvey has authored related to his research on music and the brain. He has published many articles, authored chapters in several books, and co-authored several training manuals in music for special needs individuals. His latest recording released in October 2005, ***“Euphonium for Euphemia”*** was a tribute to his Mother who died at age 95 in October 2005. In addition to online teaching, research and seminar speaking, Dr. Harvey plays in several bands and is Interim Minister of Music/Organist at a church in Palmetto, Florida.