

THE HEALING POWER OF MUSIC AND SOUND

Saturday, March 31, 2007

Dr. Arthur Harvey

Music For Health Services, Retired UH professor

Assisted by

Kimo Hussey – Pacific Music Foundation

Keiko Kajiwara RMT-BC – Sounding Joy Music Therapy Inc.

(Please note new location) **Spalding Auditorium, U.H. Manoa Campus**



No Pre-registration Required Just show up!! Two Lectures: Cost: \$10 donation suggested

THE HEALING POWER OF MUSIC AND SOUND...9:30 – 12:00

A half-day educational, entertaining and enlightening journey for Health Care professionals, Musicians, Clinicians, Therapists, Educators and anyone interested in exploring the exciting and growing body of evidence supporting the importance and power of therapeutic music for both professional and personal uses. Participants will experience a series of multi-media presentations focusing on clarifying vocabulary and providing answers to: WHY is music Therapeutic?; WHAT is in Music that provides for it's Power as a Therapeutic experience?; HOW can music be created and used Therapeutically?; WHERE, WHEN and WHO can benefit from Therapeutic Music? A Special performance and presentation by Kimo Hussey on Hawaiian music will explore the power of music to soothe and provide a means of stress management. A clarification of the distinctions among Music Medicine, Music Therapy and Sound Healing will be presented. Come prepared to personally experience the Power of Music.

MUSIC FOR HEALTH AND WELLNESS...2:00 – 4:30

A half-day multi-sensory experience exploring music's impact on our health. Music has been shown to affect each of our body systems. This seminar will provide an overview of both psychological and physiological effects of music through multi-media presentations and musical experiences.. Of primary interest will be music's impact on immunity. An understanding of PNI, psychoneuroimmunology from a physiological perspective will demonstrate the importance of utilizing music for health and wellness. Stress management techniques with music will be experienced. For those interested in exploring the exciting and growing body of evidence supporting the importance and power of music for both professional and personal uses, this seminar will assist you in life-long uses of music for health and wellness.

Sponsors for this Series Include: The Hawaii State Consortium for Integrative Healthcare, John A. Burns School of Medicine, Turning Point Cancer Center, HMSA, American Specialty Health, Hawaii Society for Naturopathic Physicians

For more information visit www.turningpointcancercenter.com or call 223-2533